

Knights Knews

October 2024

Grand Knight Report

Brother Knights,

Well we are off to good start of the Columbian year. The remodel project is finishing up and the new A/C units are installed and are working great. Many thanks to all those who have put in many hours on the remodel project. Monday Night football at the hall is off to a good start, come down and join for dinner and the game.

Don't forget this month is the Bishop fishing trip. I appreciate everyone's support moving our 3rd degree officer and business meetings to the first and second Wednesday of the month. This will allow us to use to the hall for PADS on Sunday and Tuesday nights. PADS is the winter sleeping shelter. We survived our first Bingo marathon at the Shepherd of the Valley site, it looks like our profit from the marathon was about \$14,000. Many thanks to all who helped.

Yours in Christ,

Rick Ostrich, Grand Knight



Knights of Columbus Council No. 5803, 1255 E. Patricia Ave. Simi Valley, CA



KNIGHTS
OF COLUMBUS
IN SERVICE TO ONE. IN SERVICE TO ALL.

Deacon's Corner

OCTOBER IS ROSARY MONTH

The rosary is a devotion that has evolved over a span of about 1000 years. Historians tell us that the use of objects to help count prayers dates back to 500 BC. During those times, stones, berries or beads were tossed from one pile to another to keep track of the number of prayers said. The custom developed into prayer ropes that included beads or knots to keep track of prayers.

The rosary as we know it, began its evolution beginning at about 1096. Irish monks had a daily practice of reciting 150 Psalms (Book of Prayers) This practice proved difficult for the monks because many were unable to read or could not afford to purchase the Psalter. Those unable to recite the psalms began to recite 150 prayers, mainly the Our Father, 150 times, often using beads to count the prayers or knots on a string.

During the Middle Ages, the Hail Mary replaced the Our Father as the prominent prayer of the rosary. While saying the prayers (Our Father or Hail Marys), it was customary to meditate on the mysteries of the life of Jesus, from His birth to His resurrection. With the substitution of the Hail Marys, the string or rope became known as the rosary. Rosary comes from the word "Rosarium" meaning rose garden or grouping of roses.

According to tradition, our Lady revealed the rosary to St. Dominic in the 13th century as a way for Catholics to meditate on spiritual realities - the Joyful, Sorrowful and Glorious mysteries of the life of Jesus. Meditation on the mysteries of Christ remained at the heart of the prayer. Hail Marys were said in decades preceded by the Our Father.

Through the centuries, saints like St. Dominic, many of the popes, especially Pope Leo X, accepted the rosary on behalf of the church in 1520. Pope Pius V officially approved it as a means of devotion in 1569.

St. Pope John Paul II also suggested that five mysteries be added to the traditional fifteen. He called them "Luminous Mysteries", or the Mysteries of Light, which included the mysteries of Christ's public ministry between His Baptism and His passion. These mysteries are taken from a period of Jesus' life when He revealed Himself as "The Light of the World". Pope John Paul suggested that these Luminous Mysteries could help make the prayer more deeply centered in the life of Christ.

Viva Jesu

Deacon Terry



Field Agent Report

Brothers, When Father McGivney founded our Order, a key part of his mission was to help Catholic families attain a secure financial future. It was a hard time and place to be Catholic, but he didn't want them to feel they had to let go of their Catholic identity in order to find that stability. He wanted them to see their Catholic community as a place of security – to know that here, their faith could grow. And here, their families would be protected.

In keeping with that mission, Supreme Knight Patrick Kelly recently announced updates to our member benefits. Now, you might not even remember you have these benefits – in a sense, they're the best kept secret of the Order, but I'm going to do my part in making sure they're more widely known. I'd like to highlight some of these updates, starting with one that affects all of us.

Whether or not you are an insured Knight of Columbus, you are entitled to the Member/Spouse Fraternal Benefit. This is an accidental death benefit for all members in good standing and their spouse. The benefit amount varies from \$1,500-\$5,000, depending on your age, whether you are insured and how long you've been a member.

The second update I'd like to call out is the Family Fraternal Benefit, which applies to insured members. It's guaranteed-issue insurance up to \$10,000 to any child under age 18, regardless of physical or intellectual disabilities. This also includes an automatic \$5,000 death benefit for children who die before age 61 days, including stillbirths from at least 20 weeks after conception.

Next is the Orphan Fraternal Benefit, which provides \$500 monthly to an insured member's child who has lost both parents, up to age 19. This benefit also includes up to \$5,000 per year in college scholarships, with a maximum total of \$20,000, per eligible orphan.

Finally, the Widow Benefit offers surviving spouses of insured members the opportunity to purchase life insurance, long-term care insurance, disability income insurance or annuities, and she and her children are eligible for scholarships.

We strive to bring Father McGivney's mission to life by offering you these valuable benefits. I would like to sit down with each and every one of you to walk you through the benefits available to you and your family. Please schedule an appointment with me as soon as possible.

Thank you, and I pray that Blessed Michael McGivney watches over our families this month. Vivat Jesus!



Scott Frost
Field Agent 019598
Calif. License 4359550
818-957-2649

Powerful Tools for Aging Well: Icariin and NMN

I first wrote about Icariin for the KoC in March of 2021, so I now have experience with its use for almost 4 years. I've been taking 3 of the 1 gm capsules, yielding 1500 mg of Icariin on most days since that article. Unfortunately that particular product disappeared from the US markets in late 2023, and I only just found [a new source last month](#), and it is not nearly as cheap for the same dosing. Since losing my supply, my PSA has jumped from 6.8 to 9.8 – into the 'We have to deal with this' zone.

This herb has been a part of Traditional Chinese Medicine for thousands of years and is now heavily researched in the west – mostly for designing drugs, but the active component Icariin is showing massive promise for improving health and avoiding the diseases of aging.

A 2017 research paper on the powerful impact on everything related to heart disease and other ways of dying young or badly, which it radically improves:

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5644024/>

Very informative! Here is a summary:

- Turns on longevity genes, ramps up production of our primary anti-ox enzymes, improving metabolism and reducing fat storage
- Lowers LDL, Raises HDL Cholesterol, lowers Triglyceride production by the liver
- Improves arterial Endothelial Cell function, lowers blood pressure
- Inhibits arterial plaque formation
- Lowers chronic inflammation, reducing pain
- Inhibits platelet activation, lowering blood clot potential
- Reverses osteoporosis by increasing osteoblast cell function

Changes gut bacteria of old mice to that of young mice, improving intestinal integrity and function; it very likely does the same in old humans!

A more recent study discusses the positive impact of Icariin on many inflammatory diseases associated with aging, [including most cancers](#). What we need is nanoparticle or liposomal formulations of this substance and aging will be a lot more fun.

Team this with [NMN, which is already available in liposomal form](#), and we have a powerful duo that improves energy production to 35-year-old levels, and a supplement that significantly delays the onset of virtually all the diseases associated with getting old. Take up resistance training so you can keep visceral fat levels low and move with grace and strength, and truly relish late life; I can show you how at [LM Fitness Center](#) in a few weeks of focused effort. 805-522-5770 or call me: 805-587-6855



To your Greater Health and Fitness – In Christ.

Frank

Knights of Columbus Cruise – Jan 2025

I am getting together a cruise for the Council. We have done these in the past every couple of years.

This year's cruise is to the Mexican Riviera, January 19 – 25, 2025 on Carnival Panorama. The cruise leaves from Long Beach and goes to Cabo San Lucas and Ensenada.

Since the cruise leaves Sunday and gets back Saturday Morning, it will not interfere with Saturday Bingo.

Of course you will need a valid passport.

To book the cruise you can book with Reva at Dimensions in Travel at 415-892-5973.

Reva works Monday – Thursday 10:00am – 3:00pm

Reva's email is: reva@dimensionsintravel.com.

After we get closer to cruise date I will contact those that have booked to see if you want to get a shuttle from Simi Valley to Long beach and back.

GK Rick Ostrich

6-DAY MEXICAN RIVIERA FROM LOS ANGELES, CA

 **Carnival Panorama**

 Start: Long Beach (Los Angeles) > Cabo San Lucas > Ensenada > End: Long Beach (Los Angeles)

Sun Jan 19, 2025 - Sat Jan 25, 2025 [Change Date](#)

[What's included?](#)

From **\$459***

average per person,
2 person room

START BOOKING



Worthy All –

A reminder that there will be a Fourth Degree Exemplification on Saturday, October 19 at Holy Cross Catholic Church in Moorpark. Candidate registration begins at 10:00 am – see the attached exemplification package and flyer for the complete schedule. Please make sure this reminder announcement is passed on to your membership. Fourth Degree exemplifications are typically not as readily available as our CUF exemplifications, so do not miss out on this opportunity in October to become a Fourth Degree Knight

Thank you and Vivat Jesus

Mike LoCollo

President, Los Padres Chapter



2024.10.19 - Moorpark Exemplification.pdf

September 12, 2024

Dear Worthy Sir Knights and my Brothers:

As Master of the Central California District, **Junipero Serra Province** it is my pleasure to invite your Assembly's participation for the Holy Cross Church Exemplification scheduled for Saturday October 19, 2024. The **St. Joseph #3453** will be hosting this event at the Holy Cross Church, 13955 Peach Hill Rd., Moorpark, CA 93021. This Exemplification's honoree is Supreme Knight Luke Hart.

Enclosed is the event's packet that has been updated specifically for the Exemplification. **Please take time to review the entire packet carefully.** Then make copies and distribute as suggested. Please note the deadlines. They are more important than ever! **Ticket requests and distribution will be handled by each assembly.** Each Assembly will be collecting the individual checks from Candidates and Sir Knights for banquet tickets and candidate fees. Then the Assembly will write two checks, one for the banquet tickets and one for the application fees. Thank you in advance for your help in making our procedures work well.

It is important that all candidates receive the necessary information. Remind the Candidates of the **Mandatory Dress Code. Black Tuxedo or Black/Dark Suit with White Shirt and Dark Tie!** It is also necessary that both the Faithful Navigator and Faithful Comptrollers review the entire packet to assist in registration running smoothly.

Thank you for your recruiting efforts for this exemplification and all your hard work for our district! I look forward to seeing each of you and your new recruits in Moorpark at the Holy Cross Church! If you have any questions, please contact the District Secretary!

Sincerely and Fraternally,

Roman Bejarano
Master Central California District
skrb@sbcglobal.net
[\(559\) 288-5675](tel:5592885675)

Donald Champ
District Secretary, Central California District
donaldchamp@msn.com
559-816-6223

Letter from Central District Master Roman Bejarano

Sleeping Bags needed - Matthew 25:35

“For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in...”

The winter sleeping shelter that Knights of Columbus hosts are in need of sleeping bags for next season. The clients sleep inside so we need 50 degree warm weather sleeping bags. Please no mummy bags or zero degree bags.

Complete specs: 50 degree, rectangular bag, machine washable. Similar to “Ozark Trail 50 degree bag” for \$16 (tax included) from Walmart. If you would like to donate one please give online at <https://www.kc5803.org/sleeping-bags>

If you don't or won't give online you can buy one yourself and bring to a knights event or toss it over the gate at the KC hall.

If you have questions please contact Rick Ostrich at 805-501-8818

October Bereavement & Fraternal

Brothers and Sisters in Christ.

Updated 9/27/24

This month we mourn the passing of Vera Hoffart wife of Maury (d) and PGK/PFN Bob Spielman Please keep the Hoffary and Spielman, families in your prayers. Please keep the following especially in your prayers Rebecca Kopacz daughter of SK Duke, Ann Paterson sister of PGK Joe Ferrall PGK Russ Ireland and wife Gail.

SK Bill Alexander and wife Lori
 Jeff Anderson
 Tracy Antonacci and Cheri sisters of PGK
 John and friend Cherokee Vandermark
 David Babcock and wife Maddy
 Regina Barbosa daughter of SK Steve
 Logan Brammer's mother-in-law
 SK Jerry Brusseau and family
 Andrew Budinski
 SK Richard & Susie Case
 Guillermo Camarena's father
 Rosa Camacho
 Juanita Camacho mother of Tony
 Blanca Chowdhury and family
 Brian and Joseph Conant grand nephew
 and cousin of PGK/PFN Herman (d)
 Barbara Connor, mother of SK Blair
 Patricia wife of SK Carl Cornell (d)
 SK Don Corson's wife Marian and son Don
 Trudy wife of SK Dominick Costanzo (d)
 SK Tony Crane
 PGK/SK Tony DeMarco, Abrianna grand daughter and Jennifer DeMarco lez-za
 daughter
 Jerry Mahieu brother-in-Law of SK Larry Denning
 Sahera sister of SK Sam Doka
 SK John Downey's wife Ritamarie, and family Robert, Bobby, Sean Downey and
 Joan Millenciewicz.,
 Ann Dumas wife of SK Ronald (d)
 Andy Duport
 Amanda niece & Pam wife of SK Fred Erickson (d)
 SK Jim Fabry and wife Linda
 Diana Fabry wife of SK Chris
 SK Neil Fanning's wife Lupita

PGK SK Joe Ferrall and his friends Matt
 Weaver Sr. & Jr.
 PGK Bill Fisher
 Brian Fransen son of SK Don (d)
 Carmen Scurlock grand-daughter, of Paul
 Friedeborn
 Peggy, wife of Gerald Giarrusso
 Nick Gomes and wife Joanie
 SK Cody Gorecki
 SK Peter Grace
 Jacqueline Griffith mother of SK Mark
 Tanya Guzman
 SK Bob Hacia's Sister in law Dalton Collins
 and uncle Tom Riza
 Alfredo Hernandez and his sister
 Alejandro Hernandez
 SK Tim Hodgins and wife Terry
 SK Lance Holman
 Stephen son and Lois, wife of PGK SK Ron Huerth
 Kyle Kadell's Sister Karen Childers
 PGK/SK Russ Ireland and wife Gail
 Trudy Kern mother of Dave
 George Powell in Law, Walter Bingham uncle, Sara Jayne Powell Sister and Tim
 son, of SK Tom King
 SK Tom King's daughters Marianne and Carol.
 SK Duke Kopacz's wife Roberta
 Al Kowalski and wife Emese
 Tony Lemos and his brother Joel
 Vincent Lendonne
 Harold (Chris) Lev Jr.
 Brian son of John Linscott Jr
 DD Mike LoColo
 Maria Lojo's mother-in-law
 Marlene Looney
 Veronica Lopez & Alberto Anaya
 cousin & nephew of SK Alberto Lopez
 SK Joseph Lopez and daughter Denise

Julia Mora.
 Ray Madden's brother-in-law Lou
 SK Henry Mancilla, brother-in-law
 Alejandro Arellano, Scott, grandson and
 niece Roseann Fuentes
 SK Jim Manda and son Tim
 PGK SK Bill Martin
 Andrew Richards friend of SK John Makenzie
 Norma Martinez and Daughter Thalia
 The Mazo Family
 PGK John McCracken and daughter Joan
 Kellie daughter and Jo McKinley wife of PGK SK Al (d)
 McGarry family
 Charles Miserendino and brother Joseph
 Fr John Moloney
 SK Tom Morrissey and wife Hope
 Terry Brown, sister of Dan Owens
 Blair O'Connor's mother Barbara
 Megan O'Maler
 Rick Ostrich
 Stephen Paisley son of Marilyn
 Saylor Padgett, Mateo Briones, grand children, Miguel and Cecelia Briones, father and mother-in-laws, PGK David
 Cabone and Rita Costello friends of Jerry Padgett
 SK Jerry Padgett's wife Toni, daughter Jen
 and in-Law Michelle Fairbourn
 Mary Beth Pitstick wife of PFN SK Jerry Bree Rayburn, wife of SK Russ Rayburn
 Sean Reeves
 Deacon SK Terry Reibenspies
 PGK/PFN Gerry Riss niece Erin Hughes,
 cousin and friends Steve Stark,
 Ray Salings and Ethan Jordan
 SK ED Roberts and wife Jean
 Wilda Rodriguez wife of PFN Anthony

October Bereavement & Fraternal

SK Willie Romero

Michael Pielaet in-law of SK Jeff Sage

Miriam wife SK Louie Sanchez (d)

Amber Santiago and children

Bill Schmidt

Greg Secor

John Segar

Fr Joe Shea

PGK SK Bob Smith his wife Angie, sons

David and Chris.

Susan Smith, wife and Alex son of PGK SK

Christopher

Sara, wife of Jim Spencer

PGK/PFN Bob Spielman's wife Mary

Elaine sister of PGK/PFN Bob Spielman

Peter Stiner

SK David Tellez's wife Alberta and Brian

Lampkinf son in Law

Kitty Fidermutz, daughter of Lonnie Todd

Sandy, wife of Mike Tortorici

Ginger Trematore wife of SK Joe (d)

Ruben Valdez

Manual Vargas, sister Mayira Vargas

and

his mother Maria Espinoza de Vargas

John Vera's son Marc Venegas & Family

Daniel Videgain

SK Gene Walinski and wife Kathy

Colleen, wife of Jim Wehr (d)

Chelsea grand-daughter of Jack White (d)

Shirley, wife of SK Dan Zengierski

Please continue praying for our service men and woman, they serve throughout the world helping to maintain peace and the ideals of our country. My brothers, if you know of someone in your family, or a friend who is in ill health, who needs our prayers, or of someone who can thankfully be removed from the list, Email me or a call at the address or number below.

Peace and God's blessings from your Bereavement and Fraternal Ministry.

Jerry Myszkowski, 805 522 1641 jmyszko@yahoo.com



October 28 Blood Drive

Please take the time to give blood on Saturday October 26 from 7 to 11 AM at the St Rose of Lima parish hall. Call Paul Friedeborn at 805-395-1126 Vitalant at 805-654-1600 or contact them online to make an appointment. We're shortening the drive time since the hall needs to be ready for the Bob Spielman memorial.

COMMUNITY DINNERS

The Community dinners are served between 5:50pm – 6:30pm at the Knights hall. If you would like to help, give Rick Ostrich a call at 805-501-8818.

PENDING MOTIONS

No pending motions

WE NEED BINGO WORKERS

We are in need of more Bingo workers:

- Callers
- Cashiers
- Paper
- Call Back
- Finance
- Pull Tabs

Training is free, they are not hard jobs, and you get a free dinner. All we ask is 3 - 4 hours per month. Remember that CHARITY is one of the founding principles of the Knights and Bingo is where the council gets its money to donate to our charities! If you are new to the council, or if you have not worked Bingo, please call me so I can schedule you for training and add you to the Bingo schedule.

Thank You,
Fred Valdez
805-428-6413
F_valdez@yahoo.com

Helping Hands

A fellow Knight needs help knocking down some brush in his backyard. Timeline TBD - Call me if you can help – 805-395-1126

2023 - 2024 OFFICERS

Grand Knight	SK Rick Ostrich	(805) 501-8818	rickostrich@yahoo.com
Spiritual Advisor	SK Deacon Terry Reibenspies	(805) 390-0745	terryreib@pacbell.net
Deputy Grand Knight	John Antonacci	(805) 559-2944	john_thetilepro@yahoo.com
Chancellor	SK Paul Friedeborn	(805) 522-6080	paulf@rsrpd.us
Warden	John Linscott, Jr.	(805) 428-8145	johnlinscottjr@sbcglobal.net
Recorder	John Downey	(805) 579-8970	johndandrita@sbcglobal.net
Financial Secretary	SK Jim Hook	(805) 579-8438	jhook643@gmail.com
Treasurer	Dave Babcock	(408)499-5576	dave@babcock-family.org
3-Year Trustee	SK Chris Fabry	(805) 624-9858	chrisfish74@hotmail.com
2-Year Trustee	PGK Joe Ferrall	(805) 428-1894	Jnl_70@outlook.com
1-Year Trustee	SK Jerry Padgett	(661) 492-5473	jtpadgett2013@gmail.com
Advocate	SK Joel Bruemmer	(818) 307-3590	bruemmer@pacbell.net
Membership Chair	Jay Espiritu	(805) 587-9028	jayespiritu@sbcglobal.net
Guard	Larry Peltier	(818)209-3580	larrabypel@sbcglobal.net
Guard			
Guard			
District Deputy	SK Mike LoCollo	(805) 231-6188	mikelocollo@rosdrunner.com
Insurance Representative	Scott Frost	(818)957-2649	scott.frost@kofc.org

COUNCIL 5803 EVENTS AND CHAIRMANS

EVENT	DATE	CHAIRMAN	TEL	E-MAIL
On Going/ As needed				
Bingo	On going	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com
Blood Drive	On going	SK Paul Friedeborn	522-6080	paulf@rsrpd.us
Christian Service Program	On going			
Family Mass	5th Sundays			
Fish Fries—1st Friday	1st Fridays	SK Tony Bonomo	805-407-0578	marilyn@marilynehrman.com
Healthy Living Director	On going	SK Frank Wilhelmi	526-6194	wilhelmi@pacbell.net
Helping Hands	As needed	SK Paul Friedeborn	522-6080	paulf@rsrpd.us
Community Breakfast	Weekly	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com
Community Dinner	Weekly	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com
Membership Chair	On going	Jay Espiritu	587-9028	jayespiritu@sbcglobal.net
Admissions Chair	On going	PGK George Gnesda	522-5699	g.gnez@yahoo.com
Knights Knews- Bulletin	On going	SK Joel Bruemmer	(818)307-3590	bruemmer@pacbell.net
Pro-Life Breakfast	5th Sundays	SK Tony Lemos SK George Lemos	584-3803 584-9816	eliman7@sbcglobal.net lemos11@sbcglobal.net
Rosary for the Unborn	1st Saturday	SK Tony Lemos SK George Lemos	584-3803 584-9816	eliman7@sbcglobal.net lemos11@sbcglobal.net
Various Food Drives	TBA	TBD		
Seasonal				
Fish Fries- Lenten	Ash Wed to Easter (Fridays)	SK Tony Bonomo	805-407-0578	marilyn@marilynehrman.com
Monday Night Football	Sept- Jan	PGK John Antonacci	559-2944	john_thetilepro@yahoo.com
Bowling	Sept-May	PGK George Gnesda	522-5699	g.gnez@yahoo.com
PADS	Oct-April	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com
K of C 5803 Toy Drive	Oct-Dec	PGK Cliff Wirtz PGK Norm Ouellette	208-8970 551-3704	cawpaw@aol.com njouellette7@yahoo.com
Once Per Year				
Charter Night	TBD	SK Richard O'Donnell	522-0906	
Super Bowl Party	February	PGK John Antonacci	559-2944	john_thetilepro@yahoo.com
Annual Men's Retreat	March	Oren Robles	(805) 432-6034	orencio8@yahoo.com
St Patrick's Day Dinner	March	PGK Joe Ferrall	428-1894	jnl_70@outlook.com
Scholarship	Spring	PGK Bob Smith	587-0434	truestorybob@hotmail.com
Free Throw Contest	Spring	PGK George Gnesda	522-5699	g.gnez@yahoo.com
Soccer Chalange	Spring	PGK Joe Ferrall	805-428-1894	jnl_70@outlook.com
International Dinner/Vocation Sun.	TBD	PGK Cliff Wirtz	208-8970	cawpaw@aol.com
Chili Cook Off	June TBD	DGK Chris Fabry	805-624-9858	chrisfish74@hotmail.com
Installation of Officers	July			
Turnover Dinner	July			
PGK Testimonial Dinner	September	PGK Bob Smith	578-0434	truestorybob@hotmail.com
Simi Valley Days	September	SK John MacKenzie PGK John Antonacci	522-9818 559-2944	ukmackenzie@yahoo.com john_thetilepro@yahoo.com
Bishop Fishing Trip	Oct	PGK Christopher Smith	579-7373	groobee@sbcglobal.net
Dream Cuisine	Oct	PGK Cliff Wirtz	208-8970	cawpaw@aol.com
MRC Tootsie Roll Drive	October	PGK John Antonacci	559-2944	john_thetilepro@yahoo.com
Columbus Day Dinner	October	SK Tony Gammariello	522-9548	tgammy@yahoo.com
Thanksgivng Dinner / Turkey Shoot	November	PGKs Jerry Padgett & Rick Ostrich	661-492-5473 501-8818	rickostrich@yahoo.com
Memorial Mass	November	PGK Bob Smith	578-0434	truestorybob@hotmail.com
Hanicapable Lunch	December	DGK Chris Fabry	805-624-9858	chrisfish74@hotmail.com
New Years Party	Dec 31st			

October 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Monthly Break- fast Meeting	2 Officers Meet- ing 7PM	3 Bowling	4 Fish Fry	5 *Rosary at As- sumption 9:30AM *Bingo *Men's Holy Hour *4th degree callout STPC *4th Degree In- stallation
6 *Community Dinner 5:30- 6:30	7 Monday Night Football	8	9 5803 Business Meeting 7:30PM Pre Meal 6:30 Rosary 7PM	10 Bowling *KofC fishing trip	11 *KofC fishing trip	12 *Bingo *Men's Holy Hour *KofC fishing trip *Ya Ya General Meeting *BBQ at Castaic boy scout camp
13 *Community Dinner 5:30- 6:30 *KofC fishing trip	14 Monday Night Football	15	16 *4th degree Officers meet- ing and Rosary 6:30PM Meeting 7:00PM	17 *Bowling	18	19 *Bingo *Men's Holy Hour *4th Degree Ex- emplification at Holly Cross
20 *Community Dinner 5:30- 6:30	21 Monday Night Football	22	23 *Council Ex- emplification 7:00PM	24 Bowling	25	26 *Bingo *Men's Holy Hour *Blood Drive *Mass & Funeral - Bob Spielman 9:15 Rosary 10:00 Mass
27 *Community Dinner 5:30- 6:30	28 Monday Night Football	29	30	31 Halloween Bowling		

November 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Fish Fry	2 *Rosary at Assumption 9:30AM *Bingo *Men's Holy Hour *Dia de los muertos -STRL *All Souls Day Mass at Assumption
3 *Community Dinner 5:30-6:30 *Ya Ya Memorial Mass, Brunch *Daylight Saving Time ends *PADS	4 Monday Night Football	5 Election Day *PADS	6 Officers Meeting 7 PM	7 Bowling	8 Vets Day place Flags	9 *Bingo *Men's Holy Hour
10 *Community Dinner 5:30-6:30 *PADS	11 *Monday Night Football *Veterans Day	12 Vets day pickup flags *PADS	13 5803 Business Meeting 7:30PM Pre Meal 6:30 Rosary 7PM	14 Bowling	15	16 *Bingo *Men's Holy Hour
17 *Community Dinner 5:30-6:30 *PADS	18 Monday Night Football *Assembly 2557 26th anniversary	19 *PADS	20 *4th degree Officers meeting and Rosary 6:30PM Meeting 7:00PM	21 Bowling	22 Turkey Dinner & Turkey Shoot	23 *Bingo *Men's Holy Hour
24 *Community Dinner 5:30-6:30 *PADS	25 Monday Night Football	26 *PADS	27	28 Thanksgiving	29	30 *Bingo *Men's Holy Hour